

APPALACHIAN ADDICTION & PRESCRIPTION DRUG ABUSE CONFERENCE

October 18 – 20, 2018

Pain & Addiction, Best Practices & Proper Prescribing

Embassy Suites - Charleston, WV

PROGRAM – DAY I

Thursday, October 18, 2018

- 7:00 – 8:30 a.m. *Registration & Exhibitor Hall Opening – Continental Breakfast*
- 8:30 – 9:00 a.m. *Welcome, Conference Opening & Overview:*
P. Bradley Hall, M.D., DABAM, DFASAM, Executive Medical Director, WV
Medical Professionals Health Program, Immediate Past-President, Federation of
State Physician Health Programs

Moderator: Med School Scholarship
- 9:00 – 10:00 a.m. *West Virginia – The Current “STATE” of Affairs*
Rahul Gupta, M.D., MPH, MBA, FACP, Commissioner & State Health Officer,
Bureau for Public Health, WV Dept. of Health & Human Resources
- 10:00 – 11:00 a.m. *The Prescription Drug Abuse Crisis – 2018 Update on Proper
Prescribing*
Scott Hambleton, M.D., DFASAM, Medical Director, Mississippi Physician
Health Program
- 11:00 – 11:30 a.m. Break and Exhibitor Visitation
- 11:30 – 12:30 p.m. *Obesity, Sugar and Addiction*
Mark Gold, M.D., Chairman, Scientific Advisory Boards, RiverMend Health;
Professor (Adjunct), Washington University, St. Louis School of Medicine
- 12:30 – 1:15 p.m. *Lunch - Buffet Provided*
- 1:15 – 2:00 p.m. *Luncheon Program – Spirituality in Medicine and in Recovery*
John Fromson, M.D. – Associate Professor of Psychiatry, Harvard Medical
School; Vice-Chair Community Psychiatry, Brigham & Women’s Hospital;
Chief of Psychiatry, Brigham & Women’s Faulkner Hospital
- 2:00 – 2:30 p.m. Break and Exhibitor Visitation
- 2:30 – 3:30 p.m. *Extended Release Naltrexone*
C. Chapman Sledge, MD, Chief Medical Officer, Cumberland Heights
- 3:30 – 4:30 p.m. *WV Laws, Rules & Regulations and the CSMP*
Sherri Young, D.O. & Adam Breining, D.O.
- 4:30 – 5:00 p.m. Open Speaker Panel Q&A

- 5:00 – 7:00 p.m. Break & Time for Self
- 7:00 – 8:00 p.m. Evening Speaker – Recovery & Spirituality

PROGRAM – DAY 2

Friday, October 19, 2018

- 7:00 – 8:30 a.m. *Registration and Continental Breakfast with Exhibitors*
- 7:00 – 8:00 a.m. Open Mutual Support Meeting
- 8:30 – 9:30 a.m. *ASAM Patient Placement Criteria & Continuum*
David Gastfriend, M.D., Chief Architect, CONTINUUM- The ASAM Criteria Decision Engine; Chief Medical Officer & Co-Founder, DynamiCare Health, Inc.

Moderator: Med School Scholarship
- 9:30 – 10:30 a.m. *Adolescent Addiction –Where it all Starts*
(Include updated NSDUH data)
James A. Harrow, M.D., Ph.D., DABAM, FASAM, Addiction Medicine Physician & Consultant
- 10:30 – 11:00 a.m. Break and Exhibitor Visitation
- 11:00 – 12:00 p.m. *“Addiction and the Older Adult: An Epidemic of Misuse and Abuse with the Ethical Duty to Prudently Treat Pain”*
Carl Grey, M.D., Dept. of Medicine, Section Gerontology and Geriatrics, Wake Forest School of Medicine
- 12:00 – 12:45 p.m. *Lunch - Buffet Provided*
- 12:45 – 1:45 p.m. *Luncheon Program – Mindfulness as a Super Power*
Michael Brumage, M.D., MPH, FACP, FACPM, Assistant Dean for Public Health Practice and Service, WVU School of Public Health
- 1:45 – 2:15 p.m. Break and Exhibitor Visitation
- 2:15 – 3:15 p.m. *Self-Care: Stop Preaching & Start Doing*
Leah Claire Bennett, PhD, Director of Clinical Operations, Pine Grove
- 3:15 – 4:15 p.m. *Sex Addiction: The “Silent” Concern*
Alexis Polles, M.D., Medical Director, Professionals Resource Network Florida PRN
- 4:15 – 4:30 p.m. Break and Exhibitor Visitation
- 4:30 – 5:00 p.m. *Open Speaker Panel Q&A*
- 5:00 – 6:00 p.m. Break & Time for Self

6:00 – 7:30 p.m. *Dinner Program – (BRADFORD SPONSOR)*
Lost in the Weeds: Making Sense of Medical Marijuana
James H. Berry, D.O., Medical Director, Chestnut Ridge Center and Inpatient
Acute Dual Diagnosis Program
PROGRAM – DAY 3

Saturday, October 20, 2018

7:00 – 8:00 a.m. *Open Mutual Support Meeting*

7:00 – 8:00 a.m. *Registration and Continental Breakfast with Exhibitors*

8:00 – 9:30 a.m. *Opioids, Addiction & the Treatment of Pain: Uncoupling a
Deadly Triad*

Don Teater, M.D., MPH, Owner -Teater Health Solutions

Moderator: Med School Scholarship

9:30 – 10:30 a.m. *Comprehensive Opioid Addiction Treatment with MAT*
James H. Berry, D.O., Medical Director, Chestnut Ridge Center and Inpatient
Acute Dual Diagnosis Program

10:30 – 11:00 a.m. Break, iPad and Exhibitor Drawings

11:00 – 12:00 p.m. *Pain & Pain Management: Why Measurement Matters*
Chester “Trip” Buckenmaier III, M.D., COL (ret), MC, USA; Program Director,
Defense and Veterans Center for Integrative Pain Management (DVCIPM.org),
Department of Defense Center of Excellence; Professor Anesthesiology, Dept. of
Military Emergency Medicine, Uniformed Services University, USU '92

12:00 – 1:00 p.m. *Understanding Lethality: WV Overdose Statistics*
Allen Mock, M.D., MS, FCAP, FNAME, Chief Medical Examiner, State of WV
Office of the Chief Medical Examiner

1:00 p.m. *Adjourn*