

APPALACHIAN ADDICTION & PRESCRIPTION DRUG ABUSE CONFERENCE

October 17 – 19, 2019



*Pain & Addiction, Best Practices & Proper Prescribing:
Changing a Culture by Changing the Culture of Medicine*

Waterfront Marriott, Morgantown, WV

PROGRAM – DAY 1

Thursday, October 17, 2019

- 7:00 – 8:30 a.m. *Registration & Exhibitor Hall Opening – Continental Breakfast*
- 8:30 – 9:00 a.m. *Welcome, Conference Opening & Overview:*
P. Bradley Hall, M.D., DABAM, DFASAM, Executive Medical Director, WV Medical Professionals Health Program, Immediate Past-President, Federation of State Physician Health Programs &
James H. Berry, D.O., Medical Director, Chestnut Ridge Center and Inpatient Acute Dual Diagnosis Program
- Moderator:* [James H. Berry, D.O.](#)
- 9:00 – 10:00 a.m. *West Virginia – The Current “STATE” of Affairs*
Catherine Slep, M.D., MPH, Commissioner & State Health Officer, Bureau for Public Health, WV Dept. of Health & Human Resources
- 10:00 – 10:45 a.m. *Stigma of Addiction*
Ken Rodenbaugh, RN, CARN, CEN
- 10:45 – 11:15 a.m. Break and Exhibitor Visitation
- 11:15 – 12:30 p.m. *The Opioid Crisis: Understanding & Responding to an Epidemic of Addiction*
Andrew Kolodny, M.D., Co-Director, Opioid Policy Research Institute for Behavioral Health Schneider Institutes for Health Policy, Heller School for Social Policy & Management Brandeis University
- 12:30 – 1:00 p.m. *Lunch - Buffet Provided*
- 1:00 – 2:00 p.m. *Luncheon Program – Spirituality as Medicine and in Recovery*
Anna Kelly, L.A.c., MD, FAAMA, Addiction Medicine, Gunderson Healthcare
- Moderator:* [XXXXXXXXX Resident MD](#)
- 2:00 – 2:15 p.m. Break and Exhibitor Visitation

2:15 – 5:00 p.m. Breakout Session for Nurses

Nurses Return to Duty
Renna McGinnis, RN

ROOM : TBD

- 2:15 – 3:00 p.m. ***Addiction, Mental Health & Suicide Amongst Professionals***
Louise Stanger, Ed.D., LCSW, CIP, CDWF, Author, Educator, Speaker, Interventionist
- 3:00 – 3:45 p.m. ***Legislative Update***
Arthur B. Rubin, D.O., FACOP, MHA, President, WV Osteopathic Medical Association
- 3:45 – 4:30 p.m. ***WV Laws, Rules & Regulations and the CSMP***
Michael Goff, Executive Director, WV Board of Pharmacy
- 4:30 – 5:00 p.m. **Open Speaker Panel Q&A**
- 5:00 – 6:30 p.m. Break & Time for Self
- 6:30 – 7:30 p.m. **Evening Speaker – *Leaning in to Vulnerability-The Power of the Personal Story for Reducing the Stigma Around Addiction***
Alisa Duran, M.D., FACP, Associate Professor of Medicine, University of Minnesota

PROGRAM – DAY 2

Friday, October 18, 2019

- 7:00 – 8:30 a.m. ***Registration and Continental Breakfast with Exhibitors***
- 7:00 – 8:00 a.m. **Open Mutual Support Meeting**
- 8:30 – 9:30 a.m. ***Integration of Opioid Addiction Treatment with MAT & 12-Step Programs***
Marvin D. Seppala, M.D., Chief Medical Officer, Hazelden Betty Ford Foundation

Moderator: XXXXXXXX – Resident DO
- 9:30 – 10:30 a.m. ***Pain & Addiction Treatment – Best Practices***
Kirk Moberg, M.D., PhD, FASAM, UnityPoint Health Illinois Institute for Addiction Recovery, Clinical Professor of Internal Medicine & Psychiatry, University of Illinois College of Medicine
- 10:30 – 11:00 a.m. Break and Exhibitor Visitation
- 11:00 – 11:45 a.m. ***Cognitive Behavioral Therapy in the Treatment of Pain & Addiction***
Jeannie Sperry, PhD, L.P., Co-Chair, Division of Addictions, Transplant, and Pain, Mayo Clinic Dept. of Psychiatry & Psychology; Assistant Professor, Mayo School of Medicine
- 11:45 – 12:30 p.m. ***Lunch - Buffet Provided***
- 12:30 – 1:15 p.m. ***Luncheon Program – Mindfulness in the Treatment of Opioid Use Disorder***
Laura Lander, MSW, LICSW, Assistant Professor, Department of Behavioral Medicine & Psychiatry, WVU & Keith Zullig, PhD, MSPH, FASHA, FAAHB, Chair & Professor, Dept. Social & Behavioral Sciences, WVU ; Associate Director, WVU Injury Control Research Center

Moderator: XXXXXXXX - Pharmacy Student

- 1:15 – 1:45 p.m. Break and Exhibitor Visitation
- 1:45 – 2:45 p.m. *From Burnout to Wellness: A Road Map to Engagement*
Clark Gaither, M.D., Medical Director, North Carolina Physicians Health Program; Author
- 2:45 – 3:30 p.m. *Addiction, Pregnancy & Neonatal Abstinence Syndrome*
Kelly Lemon, MSN, CNM, WHNP-BC, WVU Medicine
- 3:30 – 3:45 p.m. Break and Exhibitor Visitation
- 3:45 – 4:15 p.m. *Open Speaker Panel Q&A*
- 4:15 – 5:15 p.m. Break & Time for Self
- 5:15 – 7:15 p.m. *Dinner Program – Never Enough – How Affective Homeostasis Creates Addiction: Marijuana & Opiates*
Judith Grisel, PhD, Behavioral Neuroscience/Psychology, Bucknell University
Author: “Never Enough”

PROGRAM – DAY 3

Saturday, October 19, 2019

- 7:00 – 8:00 a.m. *Open Mutual Support Meeting*
- 7:00 – 8:00 a.m. *Registration and Continental Breakfast with Exhibitors*
- 8:00 – 9:00 a.m. *Anxiety & ADHD*
Brian Quigley, M.D., Assistant Professor/Medical Director of Psychiatry Services, WELLWVU J.W. Ruby Memorial Hospital and
Jeremiah Hopkins, M.D., Assistant Professor/ Adult Psychiatrist -Student Health, J.W. Ruby Memorial Hospital

Moderator: XXXXXXXXX – Nursing Student
- 9:00 – 10:00 a.m. *Connectivity Addiction – Problematic Internet, Gaming & Social Media*
Marc Potenza, PhD, MD, Professor of Psychiatry, in the Child Study Center and of Neuroscience; Director, Center of Excellence in Gambling Research; Director, Yale Program for Research on Impulsivity and Impulse Control Disorders; Director, Women and Addictive Disorders, Women’s Health Research at Yale
- 10:00 – 10:30 a.m. Break, iPad, iWatch and Exhibitor Drawings
- 10:30 – 11:30 a.m. *Marijuana / CBD - Fact or Fiction*
Elizabeth “Libby” Stuyt, M.D., Medical Director, Circle Program, Crossroads Turning Point, Colorado; Psychiatrist, Pueblo Community Health Center
- 11:30 – 12:30 p.m. *Understanding Lethality: WV Overdose Statistics*
Allen Mock, M.D., MS, FCAP, FNAME, Chief Medical Examiner, State of WV Office of the Chief Medical Examiner
- 12:30 p.m. *Adjourn*